Educational Highlights: I have maintained at least a 3.5 GPA throughout my academic career at the College of Charleston. In the fall of 2013, I went on a non-traditional study abroad trip. I moved to Kenya, Africa for four months and lived and worked among the locals. I spent a lot of my time visiting patients in the hospital where I experienced many global health issues firsthand. The trip to Africa sparked my interest in studying public health on a more global scale, as well as increased my desire to travel.

Research Focus or Project: During the spring of 2015, I had the opportunity to work as an intern at My Sister’s House -- a nonprofit domestic violence agency that provides temporary shelter and resources for women and children, empowering them to live free from abuse. While interning there, I was able to join my passion for helping others with my knowledge of public health to inform and educate residents about health issues, as well as provide them with community resources. I began leading a weekly discussion group with the women by educating and informing them about various public health issues that they were interested in knowing more about.

Future Plans: After graduation, my plan is to travel to different parts of the world in hopes of learning more about public health issues and health disparities worldwide, while discovering my specific niche within the public health field. After gaining field experience, I plan on volunteering with the Peace Corps.